

Who We Are

Thrive is a team of social service professionals with a mission to support those we serve to live their best lives by providing high-quality services through various programs.

We are a CARF-accredited agency offering a broad range of child, youth, adult and family services throughout the greater Victoria area.

Our Values

We believe in honouring and recognizing the uniqueness of each individual we serve. We provide services that build skills, strengths and resourcefulness where needed.

We pride ourselves on being leaders in providing accessible and meaningful services to everyone we serve.

Additional Resources

Need Crisis Line
250-800-3806

**Victoria General Hospital
Emergency Services**
250-727-4212

MCFD Mental Health Information Line
1-800-661-2121

Vancouver Island Crisis Line
1-888-494-3888

MCFD Child and Youth Mental Health Offices
Saanich Office: 250-952-5073
Victoria Office: 250-356-1123
Westshore Office: 250-391-2223

Online Information: www.heretohelp.bc.ca



Contact Us

Telephone_ 250-383-4821
Fax_ 250-386-7142
thrivevictoria.org

Thrive Social Services Society
1095 McKenzie Ave, 4th Floor
Victoria, BC, V8P 2L5



THRIVE

Bringing your potential to life.

Mental Health Outreach Program

The Mental Health Outreach Team focuses on the mental health issues that present in children and youth. The intended role is to support children, youth and their caregivers to reach an increased level of stability and mental wellness. The program provides in-home and community outreach services that are short-term (6 to 9 months).

Services may include:

- Individual counselling
- Parenting support
- Advocacy
- Collaborative service planning

This is a voluntary, client-centered program where participants work collaboratively with their counsellor on mutually defined goals.

HOW DO YOU GET INTO THIS PROGRAM?

Referrals are made by contacting the Mental Health Outreach Team Program Manager at 250-383-4821.

WHAT TO EXPECT

In the initial intake session, we will provide you with a clear understanding of how we can work together to support your mental health challenges. You will then join your outreach counsellor in an assessment and planning phase where clear strategies will be developed. Our counselling sessions are weekly and in person.

PROGRAM INFORMATION

Program counsellors are available Monday through Friday between 8:30 am and 4:30 pm. Counsellors have some flexibility to schedule time in the evening to see children/youth based on individual needs.

Service duration typically ranges from 6 to 9 months.

For more information, contact the Mental Health Outreach Program Manager at 250 383-4821.

